



Workshops Coming soon!

- ***Starting School—18th October 2018 - Richard Whittington School***
- ***Sleep Matters — 21st November Summercroft School***
- ***Managing Anger & Conflict in the Family— FULLY BOOKED***
- ***Exam Stress— Understanding your Teen!- March '19 Venue –TBC***
- ***Transition to YR7—June '19—Venue TBC***
- ***Family Relationships – 2019***

Guest speaker Sharon Lawton – Award winning Parent Coach & resident TV expert



**To register your interest
please contact:
Jo at Aspects on 01279 696842 or
Email: admin@aspects.org.uk**

