



# Workshops Coming soon!

- ***Starting School—18th October 2018 - Richard Whittington School***
- ***Sleep Matters — October 2018 —VENUE TBC***
- ***Managing Anger & Conflict in the Family— November '18***
- ***Exam Stress— Understanding your Teen!- March '19 Venue –TBC***
- ***Transition to YR7—June '19—Venue TBC***
- ***Family Relationships – 2019***

**Guest speaker Sharon Lawton – Award winning Parent Coach & resident TV expert**



**To register your interest  
please contact:  
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